



**Walter Andersen
Nursery™**

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SAN DIEGO'S GARDEN RESOURCE

Garden Talk

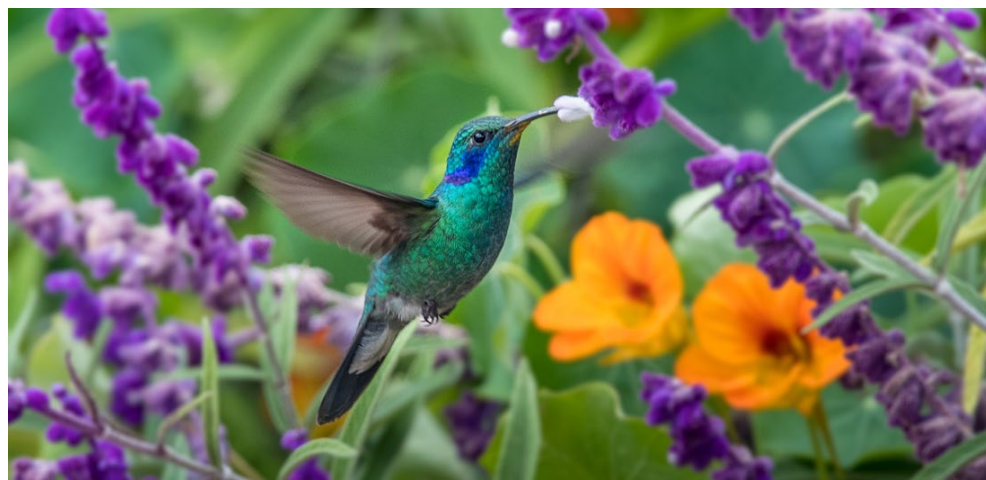
STORE HOURS: San Diego 8am-5pm | Poway 9am-5pm | 7 Days-A-Week

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Tips For Creating A Bird & Butterfly Garden

By The California Association of Nurseries and Garden Centers



It seems like it is butterfly season. The warm days seem to bring them out whether they are flying, flitting from flower to flower, or crawling as an infant. Creating this oasis doesn't take much more than

planting the kinds of plants which attract birds and butterflies. To help get you started, we've listed some of the annuals and perennials that will woo these critters to your

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Grow A Grill Garden

By Monrovia Nursery



When you think about grilling, most people think about burgers and chops, or anything you can skewer. **But what about the veg?** And even more importantly, **what about the herbs?** Though delicious when grilled on their own, veggies, fish, and chicken sing a sweeter tune when paired with herbs (as does the humble

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Corky Is A Long Way From Home

By Melanie Potter

On a recent trip to Durham, NC, Ken Andersen visited Atlantic Avenue Garden Center. This beautiful garden center in Durham was well-stocked with Monrovia plants. Looking through some fruit trees Ken found a **Corky's Honey Delight Fig!** While this may not seem like a moment to capture on camera, Corky's Honey Delight was discovered by Ken's great uncle Lawrence (Corky) Andersen, brother of Walter, Sr. Monrovia Nursery is the sole nursery licensed by Walter Andersen Nursery to produce this trademarked plant. You'll see these figs at both our stores, but it was a complete surprise to see them in North Carolina. •



Grill Garden

continued from p1



Thyme

martini!). These are some of the most scrumptious herb combos you'll consume this season, thanks to herbs from your own grill garden.

THYME

Thyme is a versatile, delicious herb that can be used in a multitude of dishes but pairs particularly well with salmon, whether grilled or baked (cod works too). Just wrap fillets in foil and top with whatever you like—lemon or orange slices, onion slices, a drizzle of olive oil, sour mash whisky (optional) and sprinkle with chopped thyme leaves.

ROSEMARY

Chicken and rosemary are a love match. Salmon is also a tasty companion to this herb. Rosemary has woody stalks that are ideal for using as flavorful skewers. Just strip the needle-like leaves from about 1/3 of the stalk and skewer chicken pieces onto it. Toss on the grill for a few minutes on each side, and enjoy! Remember to remove stalks before eating, unless you like chewing on sticks – but hey, no judgment. If you are pairing rosemary with salmon, place it atop the seasoned fish with thin slices of lemon and grill.

ITALIAN OREGANO

The Italians know a thing or two when it comes to delicious food.

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Bird & Butterfly Garden continued from p1



Pentas attract butterflies, hummingbirds and even bees!



Lantana provides nectar for butterflies and hummingbirds

garden. Remember that birds need to feel protected before they begin to gather so try centering these plantings near or around groups of established trees and shrubs.

Salvias

An enormous family of hummingbird and butterfly friendly plants that offers many colors and sizes.

Lantana

Flowers in many colors provide a nectar source for butterflies and hummingbirds. There are compact forms for small spaces, spreading types for groundcovers, and



Butterfly on the Butterfly Magic Milkweed

tall growing types.

Zinnias

Flowers provide nectar for butterflies while birds eat seeds in autumn and winter. Single flowering varieties are best.

California Fuchsia (*Zauschneria*)

One of the favorite flowers of hummingbirds.

Asclepias

A varied family that provides nectar as well as being a host for caterpillars.

Pentas

Short and tall varieties in many colors are a great source of nectar.

Anise

A host for caterpillars of swallowtail butterflies.

Lavender

Fragrant purple flowers attract butterflies for nectar.

Available in both stores now are choices such as **buddleia, sages, and penstemons**. Don't forget to check the native tables, there are good selections there, too. The monarch butterfly in the photo spent a lot of time on the **Butterfly Magic Milkweed**. •

Grill Garden

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Paired with tomatoes or baby bell peppers, it's perfect! Skewer vegetables, brush with a mix of olive oil, chopped oregano, and sea salt, and grill for just a couple of minutes to get a nice char.

LAVENDER

Everyone needs a refreshing drink and lavender has a fresh, flowery flavor that's seductive. Use flowers to make a syrup for martinis, lemonade, soda water, or whatever you fancy. Boil 2 cups of water, add sweetener to taste, and a handful of organic lavender blossoms. Simmer for two minutes, remove from heat, and let steep for 20 minutes. Strain, cool, and add to summer drinks.

Our Favorite Plants for Grill Gardens

Woolly Thyme

A durable and aromatic herb that's perfect for filling in between pavers or as a groundcover. It also looks great spilling over the sides of containers or walls.

Barbeque Rosemary

Easy-care variety with especially remarkable flavor and aroma for cooking. Strong, straight stems make perfect barbecue skewers.

Munstead Lavender

A cold-hardy and compact variety with aromatic foliage and flower

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Making Scents Of Herbs

By Ken Andersen

The world of herbs is an interesting one and a lot of what makes it so interesting is not just the flavors they impart but also the scents. Some scents bring back memories of cooking or travel. Some are exotic, some are surprising, and some are just downright nasty! Here are a few selections you may find interesting.

Sure, we have regular culinary **thyme**, but you'll also find Wine and Roses that is supposed to smell like wine. To me, it smelled more like dirt, but maybe that is just me? There is Lime Thyme which does have a lime fragrance. How about garnishing a margarita with that? I think the most interesting one we had on the table was Pizza Thyme. Just as the name implies, it smells like a pizza or your favorite Italian restaurant.

Moving on we find **oregano**, which is another herb associated with Italian food. We had at least three different varieties all with somewhat different scents and tastes. Mexican Oregano has a milder scent. Italian Oregano, arguably the standard by which all Oregano is judged, is stronger smelling. We also had Greek Oregano, which to me, fell nicely in between the other two.

Are you looking for **mint**? While everyone is familiar with the standards, Spearmint, Peppermint, and regular mint, there were some more unusual and surprising ones. Strawberry Mint, indeed, does smell more like strawberries than it does mint! Along those lines was Orange Mint. It too smelled as its name implies, of oranges.

There are also some herbs that are a mystery to me as to how to use them. First off **Rue**. While it is an attractive plant with interesting gray foliage, its scent is not anything I could imagine putting into a meal, at least not a good tasting one! Hard

to describe the scent, but for me it would be a pass. **Sweet Marjoram** is an interesting herb. Its scent is not unpleasant but it is one that I am not sure where it would fit in culinary practice. When crushed the foliage smells of laundry detergent, quite strongly I might add! I am sure it is better tasting and better for you than Tide pods. I am told that marjoram can be a substitute for oregano.



Wouldn't you know it? On the day that store manager David Ross officially no longer has to wear a mask outside at work, he is asked to get chummy with his nemesis, Cilantro!!

Now for a few of the more controversial scented herbs. **Cilantro** is one that people either love or hate. Science has shown that the difference here is actually genetic in people. Personally, I love it but I know our Poway manager, David Ross, cannot stand it because he has a gene that makes it taste like soap to him. So, this love/hate scenario is real.

Epazote is another one that could fall into the love/hate category. Again, I am not a fan but it can be a staple in some Mexican cuisine. Personally, I think it tastes of used motor oil but

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Grill Garden

continued from p3

spikes. A favorite for its aroma, beauty, and adaptability.

Italian Oregano

The dense, low, spreading habit of this herb makes it perfect to grow in containers or along the edge of a garden as a lovely border plant.

Little Ragu Sweet Bay

A compact variety with very aromatic, deep green foliage on red-tinged stems. The dried leaves add a classic Mediterranean flavor to soups and sauces. Add a couple to the water or broth you cook rice in.

Herb Garden Tips

- Plant herbs in close proximity to the kitchen and the grill. That way it's easy to snip off a delicious ingredient.
- Most herbs prefer full sun, and it makes the flavors more intense, but many will tolerate light shade, so if that's all you have, give it a try!
- Herbs grown in containers are easy to maintain and make a beautiful hostess gift.
- Many herbs are perennial, and can be planted directly in the ground.
- Containers are a great way to grow herbs that can become somewhat invasive, like mint. •

How To Add Oomph To A Garden Border

By Monrovia Nursery



Do you have a garden project to complete in July? Here's an idea! We love a garden border's way of filling a space with a show-off sequence of bloom and layers of texture and color. That said, nearly every border is made better with at least a few evergreen shrubs to provide structure, showcase beautiful foliage that amplifies the impact of nearby blooms, and to provide off-season interest.

Things To Consider:

- > When it comes to planting shrubs in borders, repetition rules. Planting evergreen shrubs in your border is better in odd numbers of 3, 5, 7 either clustered or repeated through-out the space, or in pairs if a more formal layout. Unless you intend on making it a centerpiece, avoid plunking a single shrub of any type into a border.
- > Think about your overall design and what your border is missing.



Do you want something with lots of contrast for impact? Something that adds depth without becoming a focal point? Do you need height in the back or low cover in the front?

- > Pay attention to the available planting space and plan accordingly.

Need Some Ideas?

For sun planting, how about agapanthus, day lilies, boxwood, Indian Hawthorn, Bonsai Blue Jacaranda, Cousin Itt Acacia, or even blueberries? If you have shade, you can consider azaleas, ferns, camellias, and clivia. •

Making Scents Of Herbs continued from p3

I'm sure there are those who would disagree with me.

Patchouli is another fragrant herb used mostly for its scent. I can handle it in small doses, but some people tend to overdo it!

The bottom line is there is a whole world of herbs out there so don't limit yourself to just the standard fare. Take some time to explore and see what suits your fancy. You may find something you must add to your kitchen garden! •



Both stores will be closed July 4th
in observance of

Independence Day!

To Do List: July



Feed citrus and fruit trees

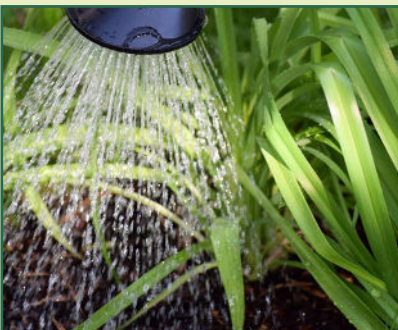
Fertilize

- > For lawns, use Marathon Fertilizer for tall fescue.
- > Feed ornamentals with Gro-Power.
- > Feed vegetables with Gro-Power Tomato and Vegetable Food or E.B. Stone Organic Tomato and Vegetable Food.
- > Feed Citrus, Avocado, and fruit trees with Gro-Power Citrus and Avocado Food.
- > Feed palms and tropicals with Gro-Power Palm Tree and Tropical Food. Add Ada Perry's Magic Formula to your regular rose feeding schedule this month.
- > Mulch plants to conserve water and dress up planting beds.

Water

- > Through October, keep a close watch on watering to make sure plants do not suffer from drought.

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Water to avoid plant drought

Old Ben: The Canada Goose

By Old Ben

A goose is a medium to large sized bird found in Europe, Asia and North America. There are 29 known species of geese around the world including Canada geese, which you may have seen here recently.

Geese mate and build their nest in order to raise their baby geese, known as goslings, in the north during the warmer summer months. The geese then migrate south in the winter when baby geese are strong enough to fly.

Geese tend to have the same partners for their entire lives. The bond between male and female geese is very strong. They will often spend most of their time together. Both male and female geese build the nest and raise the young.

Geese are omnivorous birds but mainly feed on grain, insects, grubs, small fish and plankton in the water. Geese spend a great deal of time on the water and have special adaptations such as webbed feet which make their aquatic life easier.

Geese have a number of predators. However, due to their size and strength, predatory animals don't always have an easy time if they fancy goose for dinner. The main predators of geese are foxes, raccoons and birds that prey on eggs and newborn baby geese. Humans are among the most common predators of geese, as geese are hunted all around the world for their meat and feathers.

Geese are strong and hardy birds. They are known to reach old ages even in the wild. The average life span of a goose is between 20 and 30 years.

Geese are known to have extremely strong wings, as most geese migrate long distances every year to warmer climates. The wingspan of a goose is normally one and half times the length of its body.



Geese flap their wings to intimidate unwanted company. They also make a loud hissing noise. If these methods of defense fail, it is not uncommon for a goose to charge at the intruder hissing and flapping its wings all at the same time.

The term geese is normally used to refer to these birds in general, but more particularly a female. The term gander is used to refer to the male. Baby geese are referred to as goslings and a group of geese on the ground is called a gaggle. Geese flying in formation are called a wedge or skein.

Canada Goose Trivia

Some migratory populations of the Canada Goose are not going as far south in the winter as they used to. This northward range shift has been attributed to changes in farming practices that make waste grain more available in fall and winter, as well as changes in hunting pressure and weather.

In a pattern biologists call assortative mating, birds of both sexes tend to choose mates of a similar size.

The oldest known wild Canada Goose was 30 years 4 months old. •

— Ask Old Ben —

Ask Old Ben questions about birds, show him your bird photos, or share your birding experiences at

askoldben@aol.com

To Do List: July

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Plant Gardenias - Photo: Monrovia

> Adjust sprinkler clocks or provide supplemental watering to avoid stress to plants.

> Make sure lawn sprinklers are working properly to prevent waste and dead spots.

Prune

> Coral trees and roses.

Plant

> Plant anything! Just make sure they get plenty of water! New plantings will require more frequent, shallower waterings than established plants.

> Look for Plumeria, Hibiscus, Lantana, Plumbago, Gardenias, and bedding plants •

Garden Classes: July

Saturday classes are **FREE** and last about an hour. Complimentary coffee is served. During inclement weather, classes are held indoors in San Diego and on the covered, heated patio in Poway. Topics are subject to change. See the full schedule at <https://www.walterandersen.com/classes-events/>.

Garden Classes Are Back!

SAN DIEGO | 9:00AM

7/3

No Class

(Closed the following day for July 4th!)

7/10

Houseplants Care & Culture with Ted

7/17

Summer Vegetables with Josh

7/24

Shade Plants for Your Garden with Jim

7/31

Plumeria Care with Olivia

POWAY | 9:30AM

7/3

No Class

(Closed the following day for July 4th!)

7/10

Fruit Tree Care with Richard Wright

7/17

Summer Flowers with Brian

7/24

Organic Insect Control with George

7/31

Citrus Care with David Ross



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SAN DIEGO'S GARDEN RESOURCE

GardenTalk

SAN DIEGO

3642 Enterprise Street
San Diego, California 92110

619-224-8271

Open 8am-5pm | 7 Days-A-Week

POWAY

12755 Danielson Court
Poway, California 92064

858-513-4900

Open 9am-5pm | 7 Days-A-Week

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