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SAN DIEGO'S GARDEN RESOURCE

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OCTOBER 2019





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Nematodes: Beneficial Or Bane To Gardeners?

By Ken Andersen



Root knot nematodes can be a real pain for gardeners. Typically they attack the roots of plants in your garden, with many varieties of tomatoes being particularly susceptible. They can also be very difficult control once they get a foothold **Fall's Fruiting Shrubs**

By Kate Karam, Monrovia Nursery





Mahonia

If the painterly foliage didn't already have us in thrall of fall, the season's bumper crop of brilliant berries now adorning flowering shrubs would surely do the trick. Roses, viburnums, snowberries, and hollies are all loaded with colorful berries that shine in the early fall's glowing sunlight. Strawberry Tree

Here are a few late fruiting shrubs to add another layer of magic to your autumn garden.

Mahonia

Statuesque, carefree shrub develops clusters of black ornamental berries

continued p2

On Wednesdays We Plant Pink! By Karen Thatcher

October is Breast Cancer awareness month. This October, **Walter Andersen Nursery is donating 10% of all sales on Wednesdays to Young Survivors Coalition** (San Diego Chapter) and the **Breast Cancer Research Foundation**. Here are some quick facts about Breast Cancer:

- **One in eight women** in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the **second leading cause of cancer death** among women.
- Although breast cancer in men is rare, an estimated 2,470 men will be diagnosed with breast cancer and approximately 460 will die each year.



continued p3

Fall's Fruiting Shrubs continued from p1



Victory Pyracantha



Black Elderberry

by late summer and fall. A strong focal point in the landscape. Up to 15' tall and wide. Full shade to partial sun. **Use:** Where you need a major impact in the winter garden. Berries are for the birds.

Strawberry Tree

Delightful small garden tree with handsome cinnamon-hued bark and very ornamental red and yellow strawberry-like fruit in fall and winter. Marina grows up to 30' tall and wide, other varieties are smaller. Full sun. *Use:* Fruits are edible and commonly used in preserves, wines and liqueurs. Birds



Plum Passion Heavenly Bamboo

flock to them.

Victory Pyracantha

Dark foliage and bright red berry clusters make a fine addition to the mixed border or wildlife garden. Plant several to form an informal screen or security barrier. Up to 8' tall and wide. Full sun. **Use:** Espalier or leave it free standing. Fruits are seedy, but good for jellies.

Plum Passion® Heavenly Bamboo

New growth is deep purple-red, turning slightly redder in the winter. And, those berries! Evergreen in warmer zones. Up to 5' tall, 3' wide. Partial to full sun. **Use:** Elegant foundation or low hedge option. Berries for birds or floral arrangements.

Black Elderberry

Upright form creates a garden spire festooned with dark foliage, and bright pink flowers followed by abundant blackish-red berries. Up to 8' tall, 4' wide. Full to partial sun. **Use:** Add height to borders. Berries are edible and provide forage for wildlife.

Nematodes

continued from p1



in your soil. In the past there were chemical controls, particularly VAPAM, which was a temporary soil sterilizer. When applied to the soil, it would eradicate every living organism in the soil, plant or animal but its effect was short term. It was outlawed many years ago due to its toxicity. That left gardeners with only one viable alternativesolarizing. The process of solarizing is best practiced during the summer when temperatures are the hottest. The planting area is watered then covered with a sheet of black plastic. The plastic is secured around the edges with bricks or soil to hold it in place and keep as much heat in as possible. The idea is to raise the soil temperature high enough that it will kill the nematodes (and other soil insects too). While this can wreak havoc on beneficial insects such as earthworms, they can usually bounce back rather quickly. The good news is that it keeps highly toxic chemicals out of your soil.

Years ago, a beneficial nematode was found and developed that actually fed on the root knot nematodes. They can be purchased as beneficial insects and inoculated into your soil to help control the bad nematodes. They are not harmful to earth

Fall's Fruiting Shrubs continued from p2



Berri-Magic Holly Combination

Berri-Magic[®] Holly Combination

Berries are assured because a male pollenizer is planted in the same container as fruiting female. Up to 8' tall, 6' wide. Partial to full sun. **Use:** Single specimen or dense hedge. Berries for wildlife and crafts.



Winterthur Smooth Viburnum

Winterthur Smooth Viburnum

Fragrant, creamy white flowers, followed by white fruit that darkens to pink before maturing to blue. Shiny deep green foliage turns cinnabar-red in the fall. Up to 10' tall, 6' wide. Partial to full sun. **Use:** Good for low or damp spots. Berries are for the birds. •

San Diego Seed Company Has An International Experience

By Brijette Peña



This July, San Diego Seed Company owner, **Brijette Peña**, had the opportunity to team with PermaPeru to offer an organic seed production workshop in the Sacred Valley of Peru. This oneday intensive workshop was held in Urubamba, at the organic farm of Talia Morales, the director of PermaPeru. Participants learned information about the sexual reproduction process of vegetable, flowers and herb plants which is critical in helping the participating farmers understand the process of seed production and seed saving. Seed production cleaning methods such as winnowing, threshing and screening were also reviewed and the event ended

with a seed swap.

San Diego Seed Company co-hosted this workshop to continue educational outreach about the importance of

continued p4

Nematodes

continued from p2

worms. There are a few strains of beneficial nematodes to control other pest insects such as grubs and fleas. In addition to the beneficial nematodes and solarizing, just letting a garden bed go fallow for a year or two will drastically reduce the population of the bad nematodes as well. When planting tomatoes, choose varieties that are nematode resistant such as Celebrity, Better Boy, Beefsteak, Lemon Boy, Roma and Sungold.

Nematode damage can manifest itself as weak, stunted plants and gnarled, knotted roots. They can infest not only tomatoes, but squash and some root crops, like carrots. You can see very easily if you have a nematode infestation when pulling your plants at the end of the season. You can see from the photos what the damage looks like. When you see roots that look like the photos, its time to choose one of the treatment options mentioned, or shift to growing your vegetables in containers that are not touching the ground in the infested areas. Both of our stores usually have the beneficial nematodes in stock.

We Plant Pink! continued from p1



Begonias

 On average, every two minutes a woman is diagnosed with breast cancer and one woman will die of breast cancer every 13 minutes.

Please join on us Wednesdays in October for "Pink" specials and to help find a cure for Breast Cancer! •

🤉 το do list: October 🗠

Plant

California natives and drought-tolerant plants are best planted this time of year to get root systems established. Bulbs like Daffodils, Ranunculus, Freesias, Anemones and more. Winter annuals like Stocks, Snapdragons, Pansies, Violas, and Primrose. Cool season vegetables, shrubs such as Camellias and Azaleas, and trees that



Plant Ginko Trees



Liquidambar Trees for Fall Color



Plant Azaleas

provide wonderful fall color such as Cotoneaster, Liquidambar, and Ginko. Overseed Bermuda lawns with Annual Rye. It's a great time to plant Fescue from seed or sod.

Water

When dry Santa Ana winds arrive, make sure to get extra water on plants and lawns as needed, especially container plants.

Fertilize

For lawns, use Marathon Fertilizer for tall fescue, and Bonide DuraTurf Weed & Feed to feed grass and control broadleaf weeds. Feed ornamentals with Gro-Power. Feed vegetables with Gro-Power Tomato and Vegetable Food or Dr. Earth Organic Tomato and Vegetable Food. Feed citrus, avocado, and fruit trees with Gro-Power Citrus and Avocado Food. Feed palms and tropicals with Gro-Power Palm Tree and Tropical Food. Do not feed Camellias until after they are finished flowering.



Feed Avocados witih Gro-Power



Feed Camellias after they finish flowering

Have You Fed The Monarchs?



Can you imagine the photographic moments you might miss if you didn't carry your phone with you all the time? Thank goodness this opportunity presented itself when the phone was actually in hand. Here's a monarch enjoying a meal of its favorite plants, milkweed, or Asclepias.

San Diego Seed Co. continued from p3

seed saving and seed production in agricultural areas of the world. The Sacred Valley of Peru is a culturally and agriculturally rich area of Peru that benefits from biodiversity and organic farming practices. Using these principles, farmers can increase organic seeds available to them and their community of growers as well as lessen their dependence on large scale seed producers while creating seeds that are regionally adapted to their growing areas. Additionally, farmers can use their seed production and seed saving skills to save seeds for uses other than planting, such as seeds for culinary and medicinal uses. This allows them to offer seeds as a valueadded product to their customers and diversify income streams.

In addition to the one day workshop, San Diego Seed Company sponsored the "Camino Nuevo" school garden in Cusco Peru. Participants of the program helped to construct a greenhouse for the school garden, alter the garden beds for disabled children and taught the children how to grow seeds.



Old Ben:

Northern Cardinals By Old Ben



Male Cardinal

Anyone who has lived in the Midwest or east coast has most likely seen a Northern Cardinal.

Every greeting card company in North America must use this bird's picture against a backdrop of snow during the Christmas season. And why not, it's one of those birds that even if you're not a bird watcher you'll for sure notice it.

Northern Cardinals can be found across the eastern U.S. from Lower Canada south to the gulf coast and west to Arizona and parts of southern California. The Cardinals range has expanded dramatically since 1886 when it was rarely seen north of the Ohio River. Cardinals are permanent residents throughout their range and do not migrate.

The male is a bright red with a pointed crest on the top of his head. The female is mostly buff brown in color with some red on her head, wings and tail. Both have small black masks on their faces that surround the bill and eyes. Cardinals are about eight to nine Look for Northern Cardinals in inhabited areas such as backyards, parks, woodpiles, and shrubby forest edges. Cardinals nest in dense tangles of shrubs and vines. The adult's diet consists of insects, spiders, wild fruits, berries, grains, and weed seeds. Two types of seed they love are black oil sunflower and Safflower. Cardinals nesting season lasts from March to August. They usually raise two to three broods a year.

The Cardinal ranks number one with seven states naming it their official bird. The states are: Illinois, Indiana, Kentucky, North Carolina, Ohio, Virginia, and West Virginia. Cardinals live up to 15 years.

Female Cardinal

inches long.



Old Ben's Specials

Jarden Qla

Valid October 1-31, 2019

Old Ben's Nyger Seed

Attracts Lesser Gold Finches and many other small birds. 25Ib. bag Sale \$49.99 Reg. \$59.99

Old Ben's No Mess Wild Bird Seed

The No Mess Advantage. Seed is hulled and chopped, will not sprout so birds can eat all the seeds which attract fewer feeder pests.

20lb. bag

Sale \$34.99 Reg. \$39.99

Old Ben's Classic Wild Bird Seed

Classic Mix that attracts a wide variety of wild birds. NO fillers in this mix.

20lb. bag Sale \$24.99 Reg. \$29.99

All specials limited to stock on hand. No special orders. Cannot be combined with any other discount or offer.





Old Ben's Feeder Sale! Choose from Our Condo Feeder or Multi-Use Feeder

Constructed of cedar woods and stainless steel wire and decorated by a San Diego artisan for Old Ben's Workshop. No two feeders are exactly alike.

The Condo Feeder is designed to feed smaller birds. The Multi-Purpose Feeder allows you to offer Nyger on one side and your choice of seed on the other.

Sale \$39.99 Reg. \$49.99

Ask Old Ben!

Ask Old Ben questions about birds, show him your (feathered) bird photos, or share your birding experiences? You can at askoldben@aol.com



Garden Classes

OCTOBER

Saturday classes are **FREE** and last about an hour. Complimentary coffee is served. During inclement weather, classes are held indoors in San Diego and on the covered, heated patio in Poway. Topics are subject to change. See the full schedule at **www.walterandersen.com/calendar/**.

SAN DIEGO | 9:00AM

10/5 "Insiders Tour" of the San Diego Store

10/12 Fall Bulbs— Plant Now, Enjoy Later!

10/19

Fall Color for Every Nook & Cranny

10/26

Fall Veggies— Garden to Table

POWAY | 9:30AM

10/5 Fall & Winter Container Gardening with Chuck McClung

10/12 Container Gardening With or Without Smart Pots!

10/19

Citrus & Avocados Varieties & Care with Richard Wright

10/26

Japanese Maple Bonsai Workshop \$45 fee, limited to 20 people, must sign up & prepay

October Specials Valid October 1-31, 2019



Pottery Blow Out! 20% OFF All Glazed, Terracotta, Mexican Clay, Bonsai & Orchid Pots

(Excludes plastic, wood, and nursery containers)



50% OFF Deciduous Fruit Trees, Grape Vines & Cane Berries

(Excludes Avocado, Citrus, Blueberries, Subtropical Fruits and Nuts.)

Specials limited to stock on hand. No special orders. Cannot be combined with other offers or discounts. While supplies last. Hedge Fund\$ may be redeemed.

Visit Our 2 Locations

SAN DIEGO

3642 Enterprise Street San Diego, California 92110 **{619} 224-8271** **POWAY** 12755 Danielson Court Poway, California 92064 **{858} 513-4900**





Two people won Giant Sea Squill Bulbs in our bulb giveaway contest last month. Entrants had to guess the age of the bulbs. In San Diego, John Snyder was the lucky winner taking home a 31-year-old bulb. In Poway, Janelle Marra won a 38-year-old bulb for her garden! We want to thank the more than 100 entrants for trying their luck!



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